

BASIC LIFE SUPPORT

CHECK FOR DANGER



D

Quickly assess the situation, check for dangers and ensure safety to:

- Self, bystanders, and the infant.

CHECK FOR RESPONSE



R

Look for a response from the infant - a response to a loud voice or gently squeeze the infant's shoulders.

Do not shake the infant

No response: Send for help

SEND FOR HELP



S

Call **(000)** for an ambulance or ask another person to make the call so that you can continue to assess the infant.

OPEN THE AIRWAY



A

Check for any blockages such as food, vomit, blood or loose teeth. If present, clear it out with your finger. Open the airway by gently lifting the infant's chin so that the head and neck remain in a neutral position.

CHECK BREATHING



B



LOOK

For the rise and fall of the chest or abdomen.



LISTEN

For air escaping the nose and mouth.



FEEL

For the movement of air from the nose and mouth.

Breathing normally: place the infant in the recovery position and monitor their breathing.
Not breathing or abnormal breathing: start CPR immediately.

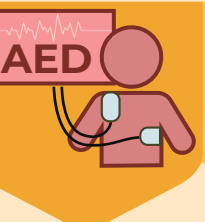
START CPR



C

30 compressions : **2** breaths

ATTACH DEFIBRILLATOR (AED)



D

Where an AED is available, attach it as soon as possible and follow the instructions. Continue CPR and defibrillation until signs of life resume or medical professionals take over.